

Rosso Emerald Crimson

## How to paint a stunning portrait

# Equipment list

### Studio equipment

- Standing easel (recommended) or
- Table easel
- Large Palette
- Pots for turps and mediums
- Rags - Tissues rolls
- Black and clear hand mirrors (optional)
- A couple of daylight lamps to project light on the painting (optional)

### For painting

- Brushes:

A variety of brushes, including:

- Flat synthetic brushes for acrylics/oil (large to very small, for finer details)
- Pointed round (hog, sable and/or synthetic)
- Sable brushes (for finer details, later stages of painting)
- Hog brushes
- Fan brushes (optional)

My favourite brands: Vinci, Rosemary&Co, GreatArt (<https://www.greatart.co.uk/brushes/brushes-for-oil-and-acrylic/flat-brushes/>), both soft and synthetic used for blocking in), Jacksonsart.

Please remember to always clean your brushes thoroughly after using them in turps first followed by hot water with soap (washing up soap or evend hand soap) to remove pigments and mediums. Leave them to dry standing.

- Oil Paint A variety of paint of different sizes / grades.

For the skin tones, I recommend artist grade paint, in small tubes (37 ml)

- Titanium white
- Yellow ochre
- Yellow Naple (optional)
- Cadmium yellow
- Cadmium red
- Alizarin Crimson

## Equipment list continued...

- g. Cobalt Blue
- h. Ivory Black
- i. Indian Red
- j. Raw umber
- k. Burnt umber
- l. Burnt Sienna

Brands I use: Winsor&Newton, CassArt, JacksonArt

For the background/flowers, a variety of rich highly pigmented paint, the choice is yours!

The ones I added for the painting in the course:

- a. Indian Yellow
- b. Cadmium Red Deep
- c. Scarlet Lake
- d. Phthalo Green
- e. Winsor Violet

A good quality student grade paint I use to cover very large areas is “Georgian” oil paint . -

Mediums

- a. Zest-it (solvent and dilutant)
- b. Refined Linseed oil (better in small quantity, it might get rancid)
- c. Retouching varnish (added as a dryer)
- d. Liquin (optional)

Extra:

- Canvas or
- Plywood panels (ie. <https://www.jacksonsart.com/surface/boards-panels/wooden-panels> )
- Acrylic Gesso (to prime the panels)
- Mahl stick (optional, useful for precision work)
- Transfer metal leaf (<https://www.jacksonsart.com/colour/gilding/metal-leaf> ) (optional)
- Metal leaf adhesive / Polyvine Metal Leaf Size Acrylic Adhesive (optional)
- Low odour turps (to clean the brushes)

A few recommended art shops and suppliers:

Jackson’s Art ([www.jacksonsart.com](http://www.jacksonsart.com))  
CassArt (<https://www.cassart.co.uk/>)  
GreatArt (<https://www.greatart.co.uk/>)